ONE DAY CHALLENGE

Yes, I would like to be a partner in the ONE DAY CHALLENGE and assist the people in La Cantera, where the average income is less than \$1 per day.

Support for the ONE DAY CHALLENGE is fully tax deductible.

NAME	
ADDRESS	
CITY/TOWN	
PROV	POSTAL CODE

Please include all information for tax receipt purposes.

Suggested 'One Day Challenge' contribution:

Based on 250 working days per year, and Canada's average household income, one day of earnings amounts to \$200. However, any amount is greatly appreciated and will go toward meeting the urgent needs in the community of La Cantera. Please contact us at info@carpenteros.ca if you would like to know more about larger-scale opportunities to support priority needs in La Cantera.

Please make cheques payable to 'Carpenteros and Friends' and note 'One Day Challenge' on the memo line.

Please provide your email address if you would like to receive a project update:

One Day Challenge contributions may also be sent to: Carpenteros and Friends c/o Calvary Christian Reformed Church 265 Middletown Road, Box 23 RR1, Dundas, ON L9H 5E1



Carpenteros and Fríends

How much of a difference can ONE DAY make?

That's up to YOU!



A house in La Cantera

Change is coming slowly to Honduras. But in many communities the average income remains as little as a dollar a day. No matter how hard these people work, just surviving can seem like an endless struggle.

This year, the ONE DAY CHALLENGE is concentrating on needs in the neighbourhod of La Cantera in Flor del Campo, Tegucigalpa.

Even though they are among the poorest of the poor, the residents of La Cantera aspire to provide a better future for their children and grandchildren. You can help make that goal possible by improving their access to safe drinking water, providing latrines and other basic sanitary improvements, and protection against flooding.

The ONE DAY CHALLENGE is a very simple, but effective, concept – dedicating **one day of your income** to bring new hope and transformation to Hondurans who earn as little as one dollar per day. Every penny you give will go directly to helping those who need it most, in ways that bring about lasting improvement.



La Cantera

Abandoned by the 'Flor del Campo' community board and local government, the community of La Cantera is home to roughly 200 of the poorest families in the Honduran capital city of Tegucigalpa.

Many of these families have been evicted from other sectors, forcing them to construct homes from scrap wood or tin on rocky, flood-prone land adjacent to the Guacerique River.

Most of the men earn a living by collecting and selling recyclable objects which they find on the streets, landfills and dumpsters, and along the river, while many women earn money by cooking and selling tortillas. Average income is \$1.00 per day.



Without a pila, water is stored in whatever containers can be found



Making tortillas to sell

La Cantera does not have a school so

children must cross the river. But because there is no nearby bridge, many children are unable to attend classes during the rainy season. Due to the economic hardship, few of the children continue with a high school education, opting instead to work to help their family.

This year's One Day Challenge, in partnership with the Association for a More Just Society, will focus on providing pilas, latrines, galeras (outdoor kitchens) and concrete floors, and ditches to provide protection against flooding.

Latrines	\$450	30 needed
Pilas (cisterns)	\$500	30 needed
Floors	\$400	30 needed
Galeras (kitchens)	\$400	30 needed
Ditches	\$30/metre	200m needed



Many latrines are old and have exceeded their capacity

